



SOUTHERN DIVISION SENIOR ALPINE SIGN-OFF SHEET

Candidate Name _____ NSP# _____ Patrol _____

Alpine Skiing and Snowboarding

Long Radius Turns (More Difficult Terrain- Groomed)	Senior OET Instructor Name		Date	
Medium Radius Turns (More Difficult Terrain- Groomed and Mogul)	Senior OET Instructor Name		Date	
Short Radius Turns (More to Most Difficult Terrain-Smooth and Mogul)	Senior OET Instructor Name		Date	
Free Ski Crud / Off Piste / Moguls (More difficult Terrain)	Senior OET Instructor Name		Date	
Equipment Carry (More to Most Difficult Terrain-Smooth and Mogul)	Senior OET Instructor Name		Date	

Alpine Toboggan Handling

Alpine Skills (Terrain More to Most Difficult, groomed and mogul)	Senior OET Instructor Name		
Side slip, pivot slip, kick turn, wedge, transitions		Date	
Traverse forward and switch, Hockey stop, Falling Leaf		Date	
Unloaded Toboggan (Terrain More to Most Difficult, groomed & mogul)	Senior OET Instructor Name		
Short radius turns, Side Slip		Date	
Traverse		Date	
Recovery and Emergency Stop		Date	
Approach, Manage site, and Secure sled		Date	
Loaded Toboggan - Front (Terrain More to Most Difficult, groomed and mogul)	Senior OET Instructor Name		
Communication		Date	
Chain Management		Date	
Traverse		Date	



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Inside/Outside Handles		Date	
Emergency Stop		Date	
Loaded Toboggan – Rear (Terrain More to Most Difficult, groomed and mogul)	Senior OET Instructor Name		
Communication		Date	
Rope Management		Date	
Traverse		Date	
Emergency Stop		Date	

This completed form is a prerequisite to participating in the Senior Alpine Clinic and Senior Alpine Evaluation.

Division OET Supervisor assignee: _____ Date: _____